

Holy Family School
“English Fun Cooking” Extra-curricular Activity food allergy or restriction
Notice (Notice 1626)

30th September, 2016

Dear Parents and Guardians,

Your child is enrolled in the “English Fun Kitchen” extra-curricular activity (E.C.A.) for the 2016-2017 school year. In this ECA, we will be “cooking” simple recipes with various foods and utensils. Your child will also be able to taste and eat the snacks that we make. In order to help us plan the recipes and choose which ingredients to use, we would like to know if your child has any food allergies or any dietary restrictions (e.g Allergy to peanuts or G6PD, etc.). Please fill in the form below and return it to your child’s class teacher by Tuesday, 4th October, 2016.

If you have any enquiries or concerns, please call Miss Denise or Miss Vivian Wong at 2983-0785.

Yours faithfully,



Lai Ying Ng

Ng Lai Ying
Principal

“English Fun Cooking” Extra-curriculum Activity food allergy or restriction
Notice (Notice 1626)

Dear Principal,

With regard to my child’s health:

1. Does your child have any known food allergies? Yes No

If **yes**, please answer the following question:

Tick the foods that have caused an allergic reaction:

Peanuts Fish Eggs Milk
 Soy products Other Nuts Shellfish

*Please list an _____

2. Does your child have any dietary restrictions (i.e. foods they are not allowed to eat)? Yes No

If **yes**, please list the items below:

* Tick the appropriate box

Student’s Name : _____ ()

Class : _____

Parent’s signature : _____

Telephone Number : _____

Date : _____